

## NATIONAL CONFERENCE ON "MENTAL HEALTH & WELL-BEING FOR ALL - A GLOBAL PRIORITY"

# on the occasion of WORLD MENTAL HEALTH DAY

#### 9th - IOth October 2022 (Offline Mode)



# organized by SCHOOL OF BEHAVIOURAL SCIENCE (SBS) NATIONAL FORENSIC SCIENCES UNIVERSITY

**Gandhinagar Campus** 

# **ABOUT THE UNIVERSITY**

The National Forensic Sciences University with the status of an Institution of National Importance is the world's first and only University dedicated to forensic, behavioral, cybersecurity, digital forensics, and allied Sciences. It was established by the Government of India through Act, 2020 (32 of 2020) with the objective of fulfilling the acute shortage against the increasing demand for forensic experts in the country and around the world.

Gandhinagar Campus is the first campus of National Forensic Sciences University at Gandhinagar, Gujarat. The Gandhinagar Campus of the National Forensic Sciences University is running 46 courses in the eight schools namely, School of Doctoral Studies and Research, School of Forensic Science, School of Cyber Security and Digital Forensics, School of Management Studies, School of Engineering and Technology, School of Pharmacy, School of Behavioral Sciences and School of Open Learning. Maintaining excellence in education, research, and training with appropriate facilities within this campus encourage collaborations across multiple disciplines and skillsets.

### **ABOUT THE**

# **SCHOOL OF BEHAVIOURAL SCIENCE**

School of Behavioural Science (SBS) is one of the oldest schools at NFSU. The School is committed towards development of expertise and knowledge creation in the area of Behavioural Sciences. The School conducts demand driven professional courses and is equipped with state-of-the-art infrastructure, and talented pool of faculty. It is well known for imparting evidence based teaching and training in diverse fields related to behavioural and neuro-cognitive sciences such as M. Phil. in Clinical Psychology (RCI recognised), M. Sc. in Clinical/Neuropsychology and Ph.D. (Doctoral Studies).

The School is engaged in imparting high standard of quality education and research in the area of human behaviour and cognition. All the programmes are taught by specialists at the forefront of research in behavioural science, and are rooted at the intersection of clinical psychology and Neuropsychology domains. It has a rigorous focus on the cross-disciplinary theoretical, empirical, and applied fundamentals of human cognition and brain functioning. The school actively collaborates with government agencies including justice delivery and health care systems to provide consultancy services for policy planning and monitoring strategies in the field of clinical psychology, neuropsychology and behavioural sciences.

# **ABOUT THE CONFERENCE**

The mental and physical side effects of COVID-19 pandemic have alarmed most sectors of society and exposed lacunae in the health infrastructure of our country. Particularly, the mental health infrastructure has been found severely inadequate in both human resources as well as skilled manpower for responding to the needs of society in usual times let alone in pandemics. Moreover, the proliferation of technology in a globalized world has made it imperative to prepare a mentally resilient society for a growing economy like ours.

To address the concerns, the W.H.O has declared the theme for 2022 as "Mental Health & Well-Being for All a Global Priority". The school is planning to conduct this two-day conference on the same theme, including a **Capacity building programme** & **Mental Health Awareness Contest** on the **9th October**, 2022.

The conference will deliberate on the theme and its subthemes in much detail on **10th October, 2022.** Scientific deliberations by eminent guest speakers and resources persons, will be conducted. The conference will be followed by symposium, free paper presentation, and other events bringing richness to the conference and benefit the learners.

# WHO CAN ATTEND?

### • Students • Researchers • Practitioners

(in the areas of psychology, clinical and applied psychology, and mental health are welcome to participate in the events conducted)

# **SUB-THEMES**

- 1. Mental health in pandemic: before & after
- 2. Mental health among delinquent population
- 3. Violence (such as domestic violence) and Mental Health
- 4. Child Abuse and Mental Health
- 5. Effects of economic disparity in mental health
- 6. Rehabilitation and psychotherapeutic measures for forensic and
  - clinical population
- 7. Enhancing mental health infrastructure

## PATRONS



**CHIEF PATRON Padma Shri Dr. J. M. Vyas** Vice Chancellor - NFSU



**CHAIRPERSON** *Shri Chhatrapalsinh D. Jadeja* Executive Registrar-NFSU





PATRON Prof. (Dr.) Purvi Pokhariyal Director - NFSU, Gandhinagar Campus

**CO-CHAIRPERSON** *Prof. (Dr.) Beulah Shekhar* Dean, School of Behavioural Science - NFSU

**CONVENER** *Ms. Priyanka Samuel* Assistant Professor, SBS, NFSU

**ORGANIZING SECRETARIES** 

(Capacity Building Program) Dr. Bhhavya Gahlaut, Assistant Professor, SBS, NFSU Ms. Rupangi Shah, Teaching & Research Assistant, SBS, NFSU **CO-CONVENER** Dr. Biswajit Dey

Assistant Professor, SBS, NFSU

#### **ORGANIZING SECRETARIES**

(Mental Health Awareness Contest)

Dr. Lisha S., Assistant Professor, SBS, NFSU
Ms. Lepakshi Kaul, Teaching & Research Assistant, SBS, NFSU
Ms. Shivani Tanwar, Teaching & Research Assistant, SBS, NFSU

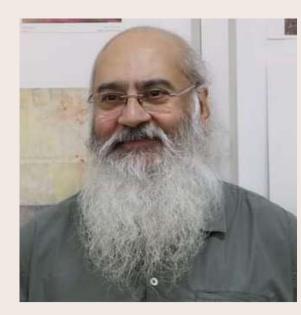
#### **ORGANIZING COMMITTEE MEMBERS**

Dr. Smita Pandey Associate Professor & Associate Dean, SBS, NFSU Dr. Proshanto Saha Assistant Professor, SBS, NFSU *Dr. Ravikesh Tripathi* Assistant Professor, SBS, NFSU

Ms. Pooja Sharma Nath Assistant Professor, SBS, NFSU

### **INVITED SPEAKERS FOR THE CONFERENCE**

### **KEYNOTE SPEAKER**



#### Dr. Shekhar Seshadri

Senior Professor (Retd.) Dept. of Child & Adolescent Psychiatry, Advisor (Project SAMVAD), NIMHANS, Bengaluru

### **SPEAKERS**



**Prof. Devrata Kumar** Dept. of Clinical Psychology,



**Dr. Thomas Kishore** Dept. of Clinical Psychology,



**Dr. Amool Ranjan** Dept. of Clinical Psychology,



*Dr. Tilottama Mukherjee* Dept. of Clinical Psychology,

NIMHANS, BengaluruNIMHANS, BengaluruRINPAS, RanchiUniversity of Calcutta, Kolkata

### **RESOURCE PERSONS FOR CAPACITY BUILDING PROGRAMME**



Dr. Deepak Kumar Salvi

Associate Professor, Dept. of Clinical Psychology & Psychiatry, Pacific Medical College & Hospital, Udaipur



**Dr. Vikram Rawat** Associate Professor, AIIMS, Rishikesh



Dr. V. Kannappa Setty Assistant Professor, School of Social Work, IGNOU, New Delhi



**Dr. Bibin Zachariah** Clinical Psychologist, Hospital of Mental Health, Ahmedabad

## **INTERNAL SPEAKERS**



**Dr. Smita Pandey** Associate Professor, SBS, NFSU

> Dr. Ravikesh Tripathi Assistant Professor, SBS, NFSU





**Dr. Biswajit Dey** Assistant Professor, SBS, NFSU

> *Ms. Priyanka Samuel* Assistant Professor,



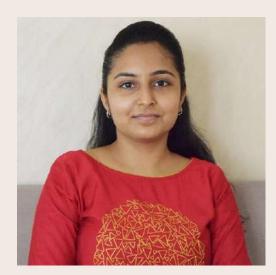
SBS, NFSU



**Dr. Bhhavya Gahlaut** Assistant Professor, SBS, NFSU

> **Dr. Lisha S.** Assistant Professor, SBS, NFSU





*Ms. Rupangi Shah* Teaching & Research Assistant, SBS, NFSU

# **ABSTRACT SUBMISSION GUIDELINES**

Abstract should be submitted on the lines of the subthemes of the conference

The abstract must have the following parts:

- 1. Title of Paper
- 2. Author Name(s), Designation & Affiliation
- 3. Abstracts should be written in the English Language, Times New

Roman, Size 12, APA Format 7th Edition

- 4. It should be written in not more than 350 words
- 5. It should have Keywords (at least five)
- 6.All submitted abstracts will be peer reviewed and would be categorized as per the sub-themes of the conference.

Last Date of Abstract

Last Date for Registration

**Date of Conference** 

submission

30th September, 2022 \*Extended till 5th October 25th September, 2022 \*Extended till 7th October 9th & 10th October, 2022

Spot Registration also available

## **REGISTRATION** LINK



https://forms.gle/7mF8zGaqyJztxLhP7

### **Registration Fees:** 1. Conference

Students: Rs. 1500 Professionals: Rs. 2000 2. Capacity Building Programme: Rs. 1500 3. Contests: refer to contests section for event-wise fees

Contact 9999735495 -Ms. Lepakshi Kaul | 9873759458 - Ms. Shivani Tanwar or Email: conferencementalhealth22@gmail.com

# **CAPACITY BUILDING PROGRAMME IN COUNSELLING**

# WHO CAN ATTEND?

School Counsellors, Psychologists, Clinical Psychologists, Forensic Psychologists, Allied Health Professionals

# TOPICS

- Listening & Attending Skills
- Dealing with Terminally Ill Patients
- Counseling for behavioral Problem in Children
- Breaking Bad News
- Crisis Intervention
- Professional Ethics: Overcoming Challenges
- Counselling in Intellectual Disability
- Counselling for Addiction in School Children



**Date & Time** 9th October 2022 10:00 AM - 5:00PM

#### **Registration Link**



For details, contact us 6353626064 - Dr. Bhhavya Gahlaut 9601409515 - Ms. Rupangi Shah

https://forms.gle/pfxyx7VXjSaf4XJu8

# **MENTAL HEALTH AWARENESS** CONTEST

# **Rules & Regulations**

SKIT (ENTRY FEES: RS. 50 PER PERSON) THEME: "DISABILITY IS NOT MY INABILITY" -**BREAKING THE STEREOTYPES** 

**RULES:** 

- **ONLY 4 MEMBERS IN EACH TEAM**
- **TIME LIMIT: 10-12 MINUTES**

### POSTER (ENTRY FEES: RS. 100) MAKING

**THEME: CHILD ABUSE AND MENTAL HEALTH** 

**RULES:** 

- A3 SIZE PAPER, PARTICIPANTS MUST BRING THEIR OWN **MATERIALS**
- TIME LIMIT: 2 HOURS

**POETRY** (ENTRY FEES: RS. 100)

#### **THEME: BETTER KNOWLEDGE FOR HEALTHY WELLBEING**

**RULES:** 

- ORIGINAL CONTENT ONLY
- TIME LIMIT: 5-7 MINUTES



**1ST PRIZE - RS 3000 2ND PRIZE - RS 2000 3RD PRIZE - RS 1000** 

**PARTICIPATION CERTIFICATE FOR ALL ATTENDEES** 



#### National Forensic Sciences University

Knowledge | Wisdom | Fulfilment An Institution of National Importance (Ministry of Home Affairs, Government of India)





#### **Gandhinagar Campus**

(Headquarter) Sector-9, Gandhinagar Gujarat 382007 Ph:079-23977102/103 Fax: 079-23247465 Email: exe\_registrar@nfsu.ac.in

#### Delhi Campus

LNJN NICFS Sector – 3 Outer Ring Road Rohini, Delhi -110085 Ph:011-2752109, 27511580 Fax:011-27511571 Email: director\_dc@nfsu.ac.in

#### Goa Campus Curti, Ponda Goa – 403401 Ph: 0832-2313036/3034 Email: director\_goa@nfsu.ac.in

#### **Tripura Campus**

VIP Road, Radhanagar Adjacent to Buddha Mandir Agartala, Tripura – 799001 Ph: 0381-2310009/0006, 2312525/2828 Email: director\_tripura@nfsu.ac.in